



## SUNDAY MENU

TWO COURSES £23.50 | THREE COURSES £27

### STARTERS

**Iâl Scotch Egg** - Chilli emulsion

**Iâl Frickles** - Fried pickles, ranch dip (Gf, V)

**Courgette Carpaccio** - Red pepper coulis, Shallot dressing, toasted grains (Ve, Gf)

**Leek and Potato Soup** - Ial bakery sourdough (Ve, Gf-a)

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### MAINS

**Roast Beef** - Roast beef topside, roast potatoes, carrot purée, roasted carrot, greens, Yorkshire pudding & gravy (Gf-a)

**Roast of the Day** - Roast potatoes, carrot purée, roasted carrot, greens, Yorkshire pudding & gravy (Gf-a)

**Stuffed Butternut Squash** - Roast potatoes, carrot purée, roasted carrot, greens, Yorkshire pudding & gravy (Gf-a, Ve-a)

**Confit Chicken Thighs** - Citrus crème fraîche, chilli and peanut, green beans, potato fondant, crispy onion (N)

**Pembrokeshire Caught Grey Mullet** - Wild garlic veloute, Jersey Royal potatoes, asparagus (Gf)

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### SIDES

**Spring Onion Mash** (V, Gf)

**Maple and Miso Glazed Carrots** (Ve, Gf)

**Cauliflower Cheese** (V, Gf)

**Creamy Savoy Cabbage** (V, Gf)

**Roast Potatoes** (Ve, Gf)

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### Desserts

**Cheesecake** - Chocolate & orange cheesecake (V)

**Crème Brûlée** - Rhubarb & custard crème brûlée, custard shortbread (V, Gf-a) £7

**Tiramisu** - Mascarpone, Da Mhile limoncello, fresh lemon (alc, V)



Not all allergens are noted on the menu.  
Please inform a member of the team about your dietary requirement so that we can best help you with your selection.  
N - Contains Nuts GF - Gluten free V - Vegetarian -VE - Vegan DF- Dairy Free  
Gf-a - Dish can be altered for gluten free Ve-a - Dish can be altered for Vegan  
Df-a - Dish can be altered for Dairy free  
alc - contains alcohol



## BWYDLEN CINIO SUL

DAU GWRS £23.50 | TRI CHWRS £27

### Cwrs Cyntaf

**Wy Sgotyn** - Emwlsiwn tsili

**Picls Wedi'u Ffrio** - Picls wedi'u ffrio mewn olew dwfn, dip Ranch (Hg, Ll)

**Carpaccio Courgette** - Coulis pupur coch, dresin sibols, grawn wedi'u tostio (Fe, Hg)

**Cawl** - Cawl cennin a thatws, surdoes Becws Iâl (Fe, Hg-a) £8

### Prif Gwrs

**Cig Eidion Rhost** - Cig eidion rhost, tatws rhost, piwrî moron, moron rhost, llysiâu gwyrdd, pwdin Swydd Efrog a saws (Hg-a)

**Rhost y Dydd** - Tatws rhost, piwrî moron, moron rhost, llysiâu gwyrdd, pwdin Swydd Efrog a saws (Hg-a)

**Butternut Wedi'i Rostio Wedi'i Stwffio** - Tatws rhost, piwrî moron, moron rhost, llysiâu gwyrdd, pwdin Swydd Efrog a saws (Fe-a, Hg-a)

**Hyrddyn Llywd** - Hyrddyn wedi'i ddal yn Sir Benfro, veloute garlleg gwyllt, tatws brenhinol Jersey, asbaragws

**Morddwyd** - Morddwyd cyw iâr confit, Crème Fraîche sitrws, tsili a physgnau, ffa gwyrdd, fondant tatws, nionod crimp

### Ar yr Ochr

**Tatws Stwnsh Shibwns (Ll)** £5

**Moron Gyda Sglein Masarn a Miso (Fe)** £5

**Bresych Safwy Hufenog** £5

**Blodfresych Mewn Saws Caws (Ll, Hg)** £5

**Tatws Rhost (Ve)** £5

### Pwdin

**Tiramisu** - Tirimasu limoncello Cymreig, mascarpone, limoncello Da Mhile, lemon ffres (Ll)

**Crème Brûlée** - Crème Brûlée rhiwbob a chwstard, teisen Berffro cwstard (Hg-a)

**Cacen Gaws** - Cacen gaws siocled ac oren waed (Ll)



Nid yw pob alergen wedi'i nodi ar y fwydlen.  
Rhowch wybod i aelod o'r tîm am eich gofynion dietegol fel y gallwn eich helpu orau gyda'ch dewis.  
dg - di-glwten dg ar gael - di-glwten ar gael  
F - Fegan F ar gael - Fegan ar gael  
c - Cynnwys cnau Ll - Llysieuol